



# Welcome to Elmhurst Extended Care Center

*We believe that better care is a family matter.*

We are a family owned and operated skilled nursing facility that has been offering peace of mind to our community since 1960.

*Our facility provides 24-hour comprehensive care offering*

- Physical Rehabilitation
- Skilled Nursing Care
- Memory Care
- Respite Stays
- Long-Term Care

Our extraordinary staff-to-resident ratio allows us to provide individualized care plans that meet each resident's unique needs. We enhance health and improve our residents' ability to return home through regularly scheduled meetings by an interdisciplinary team

- Care Plan Coordinator
- Director of Nursing
- Nurse Practitioner
- Restorative Nurse
- Wound Care Specialist
- Physical Therapist
- Dietitian
- Social Services Director
- Primary Care Physician
- Cardiologist
- Orthopedist
- Physiatrist
- Pulmonologist
- Nephrologist

At Elmhurst Extended Care Center, we provide a compassionate, positive, and home-like environment for all lengths of stay whether it is a few days, a few months, or long term. Our entire staff is dedicated to providing the best possible care, allowing our residents to reach their optimum level of health.



## Elmhurst Extended Care Center

WHERE BETTER CARE  
IS A FAMILY MATTER.



## Elmhurst Extended Care Center

Elmhurst Extended Care Center  
200 East Lake Street | Elmhurst, IL 60126  
(630) 516-5055

[www.ElmhurstExtendedCareCenter.com](http://www.ElmhurstExtendedCareCenter.com)

Licensed by the Illinois  
Department of Public Health

Certified Medicare  
and Medicaid program

3-year Commendation  
from CARF

Ranked as one of  
U.S. News and World Report's  
Best Nursing Homes



Follow us at

[www.facebook.com/ElmhurstExtendedCare](http://www.facebook.com/ElmhurstExtendedCare)  
and Twitter: @ElmExtCare

## Rehab with Success!

*Elmhurst Extended Care Center prides itself on the quality of rehabilitation provided to our residents.*



With over 70 years of combined experience, our skilled in-house therapy team has the knowledge to progress residents to their highest level of function. Each resident receives an individualized plan of care and uses the most current medical equipment.

*Our short-term rehabilitation program is Medicare certified and includes*

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Post-Surgical / Orthopedic Rehabilitation
- Cardiac Rehabilitation
- Stroke Recovery
- Gait Training with Weight Support
- Fall Prevention Education

Our dedicated team of therapists works closely with each resident and family to ensure their goals are achieved. Our entire staff is here to assist every step of the way from the moment you arrive to addressing any needs when returning home.

## Nursing Services

*The core of Elmhurst Extended Care Center is our nursing staff.*



We are trusted to provide the best possible care and deliver it with compassion and professionalism in a safe environment. We take that trust very seriously. The quality of our nursing care is well-known and recognized by our hospital partners and families throughout the community. We are on a short list of preferred providers in the area and are highly recommended by health care professionals and past residents.

*Our nursing team is supported by full-time therapists, a dietitian, and a social worker who consult with doctors and families to design a personalized plan of care for each resident. All of our services are in-house, with no outsourcing and include our*

- Interdisciplinary Care Plan Team
- Cardiovascular Program with On-Site EKG
- Wound Program
- 24-Hour Skilled Nursing Care
- Restorative Care and Fall Prevention Program
- IV Antibiotic Therapy and Central Catheters
- Diabetic Monitoring
- Ostomy Care
- Full-Time Dietitian
- Pharmacy and Lab Services

## Memory Care

*EECC has a secured certified memory care unit for those with dementia and Alzheimer's disease.*



Our wander management system allows residents to have the freedom to move around the floor, while making sure they remain safe within the secured area. We have two multipurpose areas for dining, visiting, and activities on opposite ends of the floor, promoting continuous movement and stimulation.

*Our compassionate staff is regularly trained in behavior management and qualified to maximize each individual's potential. We ensure each resident receives a caring and understanding skilled nursing environment that caters to their specific needs. In order to achieve this goal we*

- Develop individualized plans for person-centered care
- Provide adaptive activities programs focused on each resident's abilities
- Strive to reach each resident's highest potential
- Encourage participation in favorite life activities and familiar tasks
- Assist family members and loved ones in understanding these complex diseases

We understand the challenges that families face when caring for a loved one with dementia. Our interdisciplinary team is ready to help. We also offer a monthly Alzheimer's/Dementia support group.